

# Walking to End Alzheimer's Saturday, September 17<sup>th</sup> Windber Recreation Park

8:00 – Registration 9:00 – Ceremony 9:30 – Walk – 2 miles

The Alzheimer's Association Walk to End Alzheimer's is a national signature event which unites the entire community family, friends, co-workers, social and religious groups and more - - in a display of combined strength and dedication in the fight against this devastating disease.

This event features a Promise Garden . a hands-on, mission. focused activity that allows participants to choose flowers representing their promise to remember, honor, care and fight for those living with Alzheimercs disease and their caregivers. Each flower represents a reason for walking:

- Solution Blue represents someone currently with Alzheimer's disease or dementia
- Purple is for someone who has lost a loved one to the disease.
- Yellow represents someone who is currently supporting or caring for someone with Alzheimerc.
- Orange is for everyone who supports the cause and vision of a world without Alzheimer.

By the conclusion of the walk, all Promise Flowers are raised high in the air to represent a commitment to leading the way to a world without Alzheimers.

New walkers are always welcome as are any financial contributions. A sign-up sheet and envelopes for donations are available in the Lounge.

## Making a difference one step at at time!

## HELPING HANDS MINISTRY NEEDS **YOU**!

#### WANTED!

A few good hands. Helping hands that is.

We need some people who are willing to help our friends with simple tasks at home or with rides to appointments or meetings. If you have the time and the means to be a helping hand please signup on the sheet in the lounge or call the church Thank you.

# Looking for a simple way to share your gifts and volunteer here at First?

We take lay leadership very seriously and at the present we are in need of volunteers to serve in several worship leadership areas.

#### Looking for Saturday Lectors!

While we have a faithful group of volunteers to serve as lectors on Saturday we could still use a few more. If you want to read but feel intimidated by the Sunday sanctuary location, maybe the informality of Saturday would work for you. You do not need to be a regular Saturday worshipper to volunteer as a lector. All Lectors are scheduled on a monthly basis. If you are interested in sharing your gifts in this way please speak with Patty Riddle (814-248-0310) or Barb.

# Altar Guild and Ushers

These tasks are not difficult and you do not do them alone. And they are not gender specific so both men and women can volunteer for either or both! Most of the volunteers serve for one month a year, but you can sign up for more if you like! Sounds good?? Contact Carol Allison, Vicki Price or call the church and talk with Sheri.

## **VIDEO TECHS**

LOOKING for volunteers to help video tape the weekly worship service on Sunday mornings. We have a large **%**ollowing+that tune in to watch our weekly services on Channel 8,for them this is an important ministry. If you are interested in learning about or volunteering for this simple ministry please speak with Bill Hargreaves or call the Church office.

# LWR Kits Expression of God's Love



For families who have lost everything due to a natural disaster or violence, small items of comfort · a warm quilt, a bar of soap, a set of pencils · let them know someone across the sea cares. World wide people continue to suffer from disasters, making the need for LWR Kits significant. Why school supplies? To the children who receive School Kits, these supplies mean the

difference between getting an education or not. Public school is usually free, but in the places where LWR works, even a few required supplies, like pens and paper, may be more than many families can afford. And when parents can only afford to send one of their children to school, girls rarely get priorityõ yet the education level of mothers has the biggest impact on development

During the months of August and September we will be collecting the following items needed to create school kits:

✓ Lined spiral notebooks (70 sheets preferred)

(3 notebooks per kit needed)

- ✓ One pencil sharpener
- ✓ One 12 inch ruler
- ✓ 5. ballpoint pens (no gel ink)
- ✓ 24 boxed crayons `
- $\checkmark$  One 2<sup>1/2</sup> inch eraser
- ✓ One pair of scissors (blunt tips preferred)

When LWR distributes Personal Care Kits, it soften to people who have lost everything. In the wake of an earthquake, or having fled from violence as their homes were overtaken, they clasp a towel from a faraway place, with a bar of soap, a toothbrusho and washing up, they know that they have not been forsaken by the world.

The very simple gesture of giving a Personal Care Kit can give someone the encouragement to start anew, starting with a bath. You can share Godos grace and love by providing that simple comfort

- ✓ One light weight bath-size towel (between 20"×40" & 52"×27"), dark color
- ✓ Two bath-size bars (4 to 5 oz.) of soap, any brand, in original package
- ✓ One adult-size toothbrush in its original package
- ✓ One sturdy comb
- ✓ One metal nail clipper

Pens and pencils, a toothbrush, a quilt  $\tilde{o}$  ordinary items we take for granted become treasures in the hands of their recipients. The items we send will be cherished and used by people who take nothing for granted, for whom even a simple bar of new soap is special.

All kits will be assembled in time for a mid-October delivery to the LWR Headquarters in New Windsor, MD. Donated items may be left in the baskets located in the Lounge,

Our gifts of time and resources are beautiful expressions of Godos love and grace to those in greatest need. Thank you for your partnership in putting them together.

## **October Noon Recital Series Lining Up**

Three programs already are booked for the October noon recital series.

Our music director, Frank Wozniak, will return with another of his popular enactments.

An IUP student, Hsin-Jon Lee, will play an organ recital.

And *D'Verse*, a trio that performs Irish and other folk songs, enthusiastically accepted an invitation to return.

If you know of somebody who should be on the recital mailing list, tell Sheri Roberts or George Fattman or any other member of the recital task force. If you have ideas for performances, let them know that also.

#### AUTUMN BOUTIQUE at the Allegheny Lutheran Home in Johnstown is BACK!

#### Saturday, October 15, 2016



It is not too early to be thinking about the Autumn Boutique.

We hope you can make items we can sell. All our booths can use your help. Some ideas are: crafts of all kinds, handmade items, baked goods, plants, items for the Country Store, and "good stuff" that we can sell at ATTIC TREASURES.

Having a successful day enables us to provide needed resources and extras to enhance the lives of our residents at the Lutheran Home in Johnstown.

First Lutheran is responsible for the ATTIC TREASURES, so remember us when you are doing your summer housecleaning! We can sell all your unwanted treasures...large items are also being accepted.

Anyone wanting to volunteer for set-up or to work the day of the Boutique should speak with Sally Winder, any time that can be offered will be appreciated.